



**VISIBLE AND VITAL:
PROTECTING TRANSGENDER
AND NON-BINARY YOUTH**

WEBINAR



THE ONLY CRE PROFESSIONAL DEVELOPMENT SERIES BASED ON TRUE STORIES BY TEENS

Youth Communication amplifies youth stories and empowers teens, especially young people of color, to achieve their personal and academic goals. Our curricula and professional development - based on true stories by teens - enables schools and other youth-serving organizations to create supportive, culturally responsive learning communities.





AGENDA

- Welcome & Intros
- Opening Activity
- Terms to Know
- Story Read-Aloud
- Scenarios
- Closing Circle





COMMUNITY NORMS

- Speak your truth but be accountable.
- We are the experts of our own experiences.
- Listen to understand, not to respond.
- Expect discomfort and non-closure.
- Allow yourself and others to speak in rough-draft form.
- Remember the “why”.



**OPENING
ACTIVITY:
SELF-
REFLECTION**

QUESTION:

**In the chat -- what
makes you feel like
you belong in a
space?**



TERMS TO KNOW

TERMS TO KNOW

Sex Assigned at Birth:

A designation a person is assigned at birth and which is recorded on an infant's birth certificate, if such a certificate exists. A New York City birth certificate can include M (male), F (female), or X (non-binary, gender expansive, gender-neutral, etc.).

Cisgender:

An adjective describing a person whose gender identity is the same as their assigned sex at birth. For example, an individual who was assigned female at birth and whose gender identity is female.

Transgender:

Describes a person whose gender identity and/or gender expression is different from their assigned sex at birth. For example, an individual who was assigned female at birth and whose gender identity is male.

Non-binary:

A person who identifies as neither male nor female. These individuals may go by they/them or ze/hir pronouns, or another gender-neutral pronoun.

TERMS TO KNOW

Sexual Orientation:

An individual's actual or perceived romantic, physical or sexual attraction to other persons, or lack thereof, based on gender. A continuum of sexual orientation exists and includes, but is not limited to, heterosexuality, homosexuality, bisexuality, asexuality and pansexuality. Sexual orientation is not the same as gender identity.

Gender Expression:

The way a person expresses gender, such as behavior, clothing, hairstyles, name, pronouns, activities, or mannerisms. Gender expression can vary depending on one's culture as well as changes in social norms and expectations, such as shifts in clothing and hairstyles.

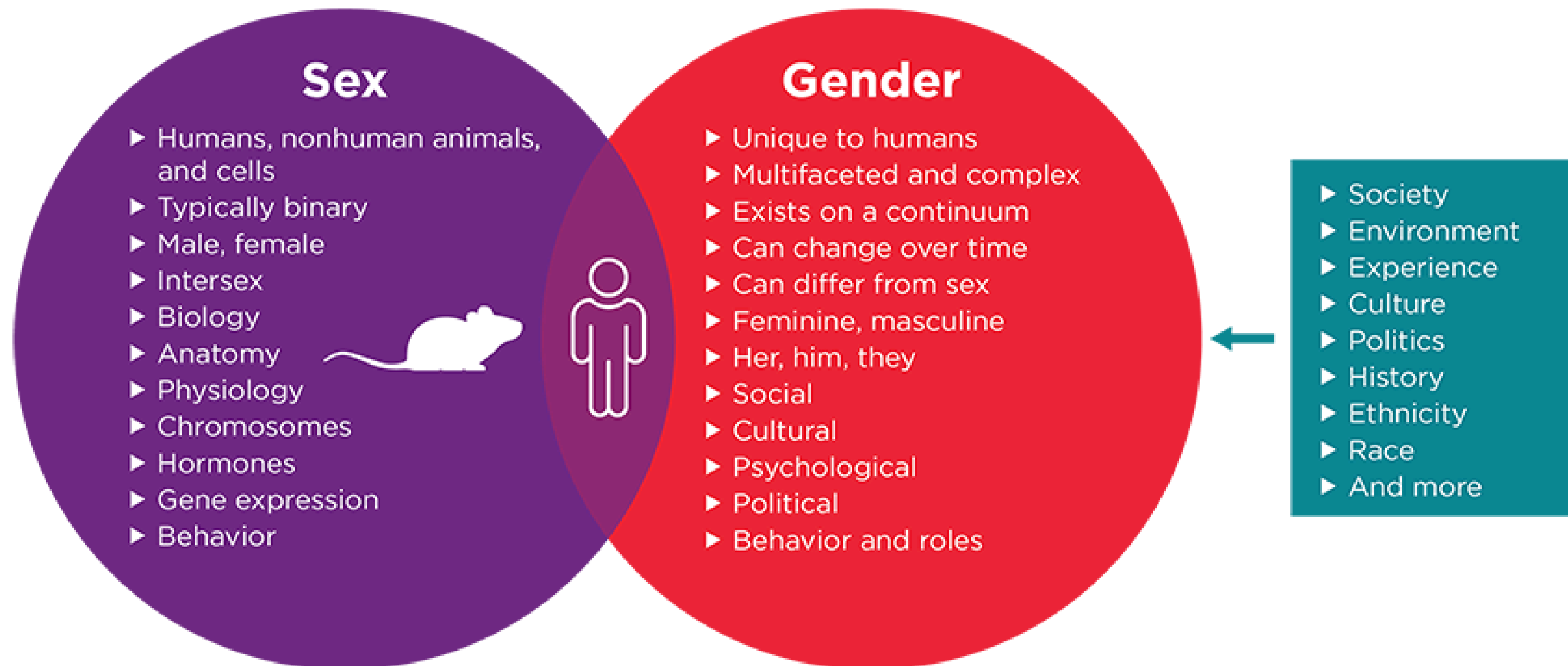
Dead-Naming:

Deadnaming occurs when someone, intentionally or not, refers to a person who is transgender by the name they used before they transitioned.

SEX, GENDER, AND SEXUALITY



WHAT'S THE DIFFERENCE?





“Gender is not what people look like to other people; it is what we know ourselves to be. No one else should be able to tell you who you are; that’s for you to decide.”

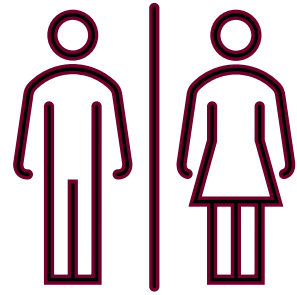
Alok Vaid-Menon, *Beyond the Gender Binary*





**HOW DOES
TRANSPHOBIA
SHOW UP IN
EDUCATION?**

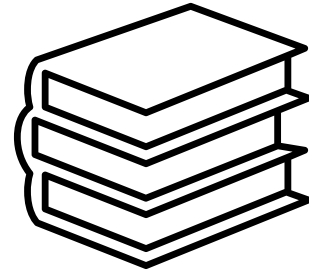
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GENDERED SPACES

Bathrooms, locker rooms, sports teams, etc.

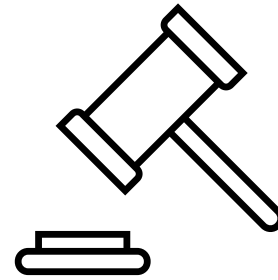
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MISSING IN CURRICULA

Ignoring historical movements, biological truths, and gender diverse literature

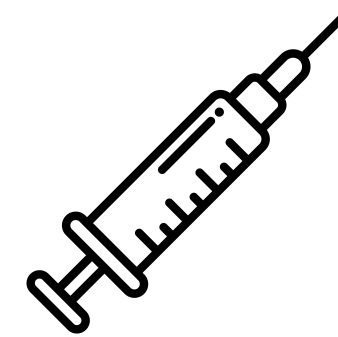
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NATIONAL POLICY

Don'tSayGay, anti-trans legislation, forced reporting of trans students

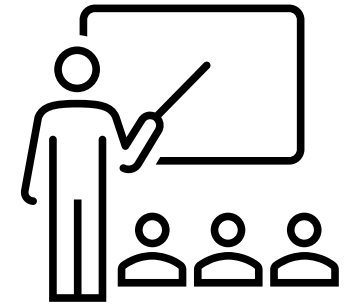
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ACCESS TO MEDICAL SERVICES

Bans on inclusionary medical practices, denied access to mental health services

05



SCHOOL RULES

Gendered uniforms, school dance attendance, GSA existence

TRANSPHOBIA IN SCHOOLS





“That’s the thing about being an LGBTQIA+ kid—you often don’t have the luxury to come into yourself on your own terms because other people have made up their minds for you.”

Alok Vaid-Menon



STORY READ

Arriving, Finally, As My Chosen
Name

by Spencer Katz (he/him)

How to Support Trans and
Gender-Diverse Students
by Anonymous (pronouns
unknown)





SCENARIOS



- 1) On the first day of school, one of your transgender students is worried about being misgendered and called by their dead name during roll call.
- 2) You accidentally misgender one of your students for the first time.
- 3) You notice one of your colleagues referring to an openly out trans student by their dead name. When you correct them, they brush it off saying the student “isn’t here right now.”



“There’s magic in being seen by people who understand—it gives you permission to keep going. Self-expression sometimes requires other people. Becoming ourselves is a collective journey.”

Alok Vaid-Menon, *Beyond the Gender Binary*





- 4) You notice that one of your students changes their clothes into something more traditionally feminine when they get to school and changes back before they leave for the day.
- 5) One of your students asks you after class if another student is a “tra—y.”
- 6) A student asks you to use a different pronoun when referring to them in front of their parents.
- 7) A student defends their classmate when they hear someone misgendering them.

RESOURCES

LINKS

National Climate Survey-Trans and Non-binary students

<https://vimeo.com/505327809>

NYCDOE Name Change Request Form

<chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://cdn-blob-prd.azureedge.net/prd-pws/docs/default-source/default-document-library/name-and-gender-change-request-form-wgac.pdf>

Trevor Project Resources

<https://www.thetrevorproject.org/resources/>

GLSEN Lesson Plans

<https://www.glsen.org/resources/educator-resources#snt--3>

GLSEN-Starting a GSA

<https://www.glsen.org/support-student-gsas>

LGBTQ Affirming Places of Worship

<https://www.glsen.org/blog/need-allyship-lgbtq-faith-based-communities>

LGBTQ Book List

<https://www.penguinrandomhouse.com/the-read-down/the-ultimate-book-list-for-pride-month/>

QUESTIONS?



THANK YOU!



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